**PDA Annual Conference  
San Diego, CA – July 12, 2013  
  
Detailed descriptions and facilitator bios   
can be found on our website at** [**www.positive discipline.org**](www.positive%20discipline.org)

**Morning Sessions (Synopsis)   
9:00 am - 10:15 am**

[**Strategies For Working With Students Exposed to Trauma – Part 1 of 2**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/MCVITTIE,%20Jody-Working%20With%20Students%20_%20Trauma-2013.docx)   
Jody McVittie, M.D., CPDLT  
(Session is designed for participants to take both part 1 and 2)  
Gain an understanding of the impact and the neuroscience behind trauma and attachment. Gain skills to respond to students who have experienced trauma or insecure attachment.

[**Lead The One You're With**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/EMSER,%20Dina-Lead%20the%20One%20You're%20With-2013.docx)Dina Emser, M.A., CPDLT  
6 tips for leading without direct authority -- with peers, children, or even your supervisor. Learn ways to honor your strengths and natural leadership gifts both as a team member and leader. 

[**Born for Love**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/DAVIS-Penny-Born%20For%20Love-2013.docx)Penny Davis, CPDLT  
Look at attachment and how young children learn to be empathic. Learn activities parents and teachers can use with young children to encourage the development of empathy.  
**Sesión en español**  
[**Discipline con firmeza y mabilidad y obtendras responsabilidad**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/OROZO-Tony.%20Lessith-Disciplina%20con%20Firmeza...2013.docx)Tony & Lisseth Orozco, CPDTs

Proveerte herramientas para lograr HIJOS RESPONSABLES y verlos en un futuro como unos ciudadanos EXITOSOS Y FELICES.

**10:45 am - 12:15 pm**

[**Strategies For Working With Students Exposed to Trauma - Part 2**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/MCVITTIE,%20Jody-Working%20With%20Students%20_%20Trauma-2013.docx) **of 2**  
(Session is designed for participants to take both part 1 and 2)  
Jody McVittie, M.D., CPDLT  
Gain an understanding of the impact and the neuroscience behind trauma and attachment. Gain skills to respond to students who have experienced trauma or insecure attachment.

[**Leveraging Your Signature Strengths**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/BLOMBERG,%20Dodie-Leveraging%20Your%20Signature%20Strengths-2013.docx)[**To Manage Top Card Mischief**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/BLOMBERG,%20Dodie-Leveraging%20Your%20Signature%20Strengths-2013.docx)Dodie Blomberg, CPDLT  
Explore your signature character strengths, and your Top Card gifts and challenges. Learn how to leverage strengths in time of stress to buffer or minimize our challenges.   
**IMPORTANT: Bring results from the *VIA Survey of Character Strengths* to workshop. Survey is free and takes only 30 – 40 minutes to complete. Go to session description on website for details.**

[**Tantrums, Meltdowns, and the Truth About Time Out**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/MCCONAGHIE,Tracy-Tantrums,%20Meltdowns%20and%20the%20Truth-2013.docx)  
Tracy McConaghie, LCSW, CPDT  
Develop a response to your child's meltdowns that really works! Learn how to help children develop the ability to express feelings. Look at related brain research and developmental capability.

[**"Doing With" Children: Empowerment and Encouragement through Connection**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/INGBER,%20Lois-Doing%20With%20Children.docx)Lois Ingber, LCSW, CPDLT  
In contrast with “Doing To or For” children, “Doing With” children promotes building life skills and mental health. Learn PD concepts and tools for developing optimal brains, relationships and self-discipline.  
 **Sesión en español**[**Disciplina Positiva: Liderando con amor y respeto**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/NUNEZ,%20Gigliola-Disciplina%20Positiva%20Liderando%20con%20amor%20y%20respeto.docx)Gigliola Nunez, CPDT  
Maneras de educar donde la dignidad del ser humano es respetada, donde los padres y maestros son la plataforma para que los niños exploren y construyen un mejor mundo para todo.

**Afternoon Sessions (Synopsis)  
1:30 pm - 3:30 pm**

**Creating a School Culture and Climate That Fosters Engagement:  Putting the Pieces Together**  
Teresa LaSala, CPDLT   
Infuse social emotional learning into the daily curriculum. Build mutual respect, engagement and empowerment -- for students and staff – while improving academic achievement and life success.  

[**Parenting Through and After Divorce**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/SCHMID,%20Salley-Parenting%20Thru%20Divorce-2013.docx)Sally Schmid, CPDT  
Use of PD parent training materials for divorcing parents, including secure and insecure attachment, managing conflict, single parenting and co-parenting issues.  Use in 3-tiered class and 1:1 formats.

[**PHPPSS Clinic**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/LOTT,%20Lynn-PHPPSS%20Clinic.docx)Lynn Lott, M.A., MFT, PDA Co-Founder  
Get the most from Parents Helping Parents Problem Solving Steps (PHPPSS) or the Teacher Helping Teacher (THTPSS). Explore the nuances and intent during 3 practice sessions with Lott providing on-going feedback.

[**HELP! I've Flipped My Lid**](http://positivediscipline.org/Resources/Documents/2013%20CONF%20PRESENTERS/OWEN-SOHOCKI-Deb-HELP!%20I've%20Flipped%20My%20Lid-2013.docx)Deborah Owen-Sohocki, MS, LPC, CPDLT      
Have you ever said or done something that hurts?  Learn quick and easy to learn tools that encourage resiliency, build the heart/brain connection, and help you prevent or move quickly from a flipped lid state.