

ADLERIAN SERIES PROGRAM

What the World Needs Now

Speaker: Dana Edwards, Ph.D.

Date: Friday, March 22, 2024

Time: 12:00 PM to 1:30 PM (Eastern Time)



Bridging the Cultures: Adlerian Psychology and Positive Discipline

Speaker: Bengu Erguner-Tekinalp, Ph.D.

Date: Friday, April 5, 2024

Time: 12:00 PM to 1:30 PM (Eastern Time)



ABC's of Adlerian Psychology

Speaker: Jon Sperry, Ph.D.

Date: Thursday, April 18, 2024

Time: 12:00 PM to 1:30 PM (Eastern Time)



Think-Feel-Do: A Deeper Dive

Speaker: Wes Wingett, Ph.D.

Date: Friday, May 3, 2024

Time: 12:00 PM to 1:30 PM (Eastern Time)



ADLERIAN SERIES



DANA EDWARDS, PH.D.

What the World Needs Now



BENGU ERGUNER-TEKINALP, PH.D.

Bridging the Cultures: Adlerian Psychology and Positive Discipline



JON SPERRY, PH.D.

ABC's of Adlerian Psychology



WES WINGETT, PH.D.

Think-Feel-Do: A Deeper Dive

Join us for an enlightening journey into understanding human behavior and fostering personal growth. Delve into the profound insights of Adlerian Psychology with this series featuring four distinguished speakers, each bringing a unique perspective and expertise to the table.

In the 2024 Adlerian Series, you'll explore key principles of Adlerian Psychology, including Individual Psychology, and Social Interest. Our speakers will guide you through practical applications of Adlerian theory in various aspects of life, from relationships and parenting to personal development.

Whether you're a mental health professional seeking to enhance your therapeutic toolkit or an individual striving for self-improvement, our Adlerian Series offers invaluable wisdom and practical strategies for growth.

Dates: March 22, April 5, 18, and May 3, 2024

Time: 12:00 PM – 1:30 PM (Eastern Time)

Format: Online via Zoom

Recordings: Will be available in **English ONLY** and sent to all registered participants within 2 weeks of each session.

REGISTRATION

Choose to purchase the **Bundle of Four** (available until March 21) and enjoy a **20% discount** (25% for PDA Members). All four sessions: \$75 PDA members / \$110 Public. [Register for the Bundle.](#)

If you prefer to tailor your learning experience to your specific interests, you can purchase each session separately (see links below). Per session: \$25 PDA members / \$35 Public.

- Session 1 – [Register](#)
- Session 2 – [Register](#)
- Session 3 – [Register](#)
- Session 4 – [Register](#)

INTERPRETATION

Available **only during live event.** Offered in:

- Arabic by Marwa Reda
- French by Chantal Bourges
- Spanish by Cristina Sanz Ferrero
- Portuguese by Fernanda Lee

CE CREDIT AVAILABLE



The Positive Discipline Association is an approved National Board for Certified Counselors (NBCC) Continuing Education Provider. ACEP No. 6723.

ABOUT THE SESSIONS



What the World Needs Now

DANA EDWARDS, PH.D.

Description: More than ever, post-pandemic, family meetings and class meetings are needed in our homes and schools. These meetings have long been identified by Adlerians as catalysts for developing belonging and significance— both fundamental to our well-being and mental health. This session will explore the Adlerian historical framework, especially related to Dreikurs' work helping parents and teachers understand the purpose of challenging behavior and the importance of implementing family and class meetings. Drawing on Adlerian Psychology and Positive Discipline, examples across diverse groups will be shared to demonstrate the application and usefulness of these meetings.

Biography: Dana Edwards, Ph.D., is a former high school teacher and counselor educator. She's currently a school counselor in the second largest school district in the Southeast and a children's author. Drive-Thru Miracle is her debut novel for kids in 3rd-7th grades. She has spent the majority of her professional life leading children and training educators in Class Meetings. She's a wife, mother, and grandmother who has never stopped believing in the power of kindness and Class Meetings.



Think-Feel-Do: A Deeper Dive

WES WINGETT, PH.D.

Description: This presentation will combine lecture and demonstration to focus on developing a deeper understanding of the three components of Think-Feel-Do. In Positive Discipline training participants are often asked to reflect and share what they were thinking, feeling, and deciding following role-play, emphasis will be on strengthening application through an increased understanding of Adlerian theory.

Biography: Wes Wingett, Ph.D., LMHP, has been a counselor in private practice in Norfolk, NE, since 1978. Prior to entering private practice, Dr. Wingett had been employed as a counselor in a mental health center, was a university program development specialist, an elementary school administrator, and a junior high and secondary school counselor and teacher. Dr. Wingett received his bachelor's degree from Wayne State College, Wayne, Nebraska in 1964, his masters in 1972, and doctorate in 1975 in guidance and counselor education from the University of Wyoming in Laramie, Wyoming. Additional graduate study was completed at the University of Vermont.

ABOUT THE SESSIONS



ABC's of Adlerian Psychology

DR. JON SPERRY

Description: Adlerian Psychology is a holistic approach to human behavior that emphasizes the importance of overcoming feelings of inferiority and also striving to achieve a sense of belonging. This theory focuses on tapping into our inner strengths and resources to create movement towards positive outcomes. This workshop will introduce Adlerian Psychology through several activities and it will review some of the history of how Adler and Dreikurs' ideas laid the foundational framework for Positive Discipline.

Biography: Jon Sperry, Ph.D., is an Associate Professor in the Clinical Mental Health Counseling program at Lynn University and is also a staff therapist at the Counseling and Psychological Services at Florida Atlantic University. From 2017-2018 he served as President of the North American Society of Adlerian Psychology (NASAP). Sperry holds a Diplomate in Adlerian Psychotherapy and is currently the Co-Editor of the Journal of Individual Psychology. He has co-authored eight psychotherapy textbooks and has lectured in 24 different countries.



Bridging the Cultures: Adlerian Psychology and Positive Discipline

BENGÜ ERGÜNER-TEKINALP, PH.D.

Description: This session will focus on exploring basic Adlerian Theory concepts through the lens of my journey into Adlerian Psychology as a professional counselor, educator, and a parent. The session will provide information on foundational Adlerian concepts with scholarship and personal reflections. I will discuss how Adlerian theory can be understood in a more collectivist cultural context. The session will also provide information on raising children as immigrants in the light of Adlerian theory and Positive Discipline.

Biography: Bengü Ergüner-Tekinalp, Ph.D, is Professor of Counseling at Drake University. She is a cultural nomad, native of Türkiye who values interconnectedness with all beings, land, nature, and the cosmos (gemeinschaftsgefühl). She's passionate about creating we-spaces, avoiding othering, and promoting healthy and safe dialogue for everyone. She integrates contemplative practices in her teaching and work. She is a Diplomate in Adlerian Psychology, has the certificate of Adlerian Studies, Honorary Certificate in Adlerian Psychotherapy and she is a Licensed School Counselor, Certified Laughter Yoga Leader, and Intercultural Development Inventory Qualified Administrator. Her research interests are Adlerian and humanistic theory and therapy, mindfulness, positive psychology, multicultural counseling, and school counseling. She has written many journal articles and book chapters, has an edited book in press and has written four books in her native language, Turkish.

ADLERIAN SERIES

CANCELLATION/REFUND POLICY

- A full refund (minus a processing fee) will be given when the request for a refund is made up to 30 days prior to the start of the event.
- Refunds are not available for cancellations less than 30 days before the event.
- Refunds are not available if you do not provide advanced notice that you will not be attending the event.
- In the event of cancellation, participants will be notified by email.

SPECIAL NEEDS/ACCOMMODATIONS

If you have any special accommodation needs, please contact onlinelearning@positivediscipline.org in advance.

CONTINUING EDUCATION CREDITS



The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723.