



The Art of Facilitating Positive Discipline

May 30-31, June 3-4 * 9:30-12pm PST * ONLINE
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The Art of Facilitating Positive Discipline
(developed by Jane Nelsen and Nadine Gaudin)
is an experiential workshop that offers participants a deeper understanding of facilitation skills, personal growth, and fun!

This workshop is meant to show you how you can increase your awareness of the impact your facilitation makes on the people showing up to your classes, how to model the principles of Positive Discipline, and so much more.

Participants will:

1. Experience modeling through leadership
2. Practice facilitation skills to support total group participation and engagement, and encourage group cohesiveness.
3. Understand how to use PD with colleagues (for co-facilitation and cooperation as a group).
4. Grow self-encouragement and deepen Adlerian understanding.

Examples of Activities:

- Enhance a Growth Mindset
- Accepting Differences
- Warm ups and closing activities
- Creating a Safe Space
- Disagreeing with Grace
- Walk Your Talk
- Don't be an Expert
- Interrupting
- Cooperation vs Competition

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Register at: www.besproutable.com/parent-educators



Facilitator: Casey O'Roarty, M.Ed, is a Positive Discipline Lead Trainer and parent coach. She has been actively facilitating Positive Discipline parenting class in person and online since 2007. She supports parents through her online offers, membership program, one-on-one coaching sessions and popular weekly podcast. Find out more at www.besproutable.com/teen.

