



# POSITIVE DISCIPLINE CONFERENCE 2021

*IN PERSON - San Diego, California*



**OCTOBER 8, 2021**

The Positive Discipline Conference will feature presentations for educators, clinicians, and parents. Spend the day developing Positive Discipline tools for home and school, or to support others through your coaching, consulting, or counseling practice.

Hours: 9:00 am - 4:30 pm

Register at: [www.positivediscipline.org](http://www.positivediscipline.org)

DoubleTree by Hilton Hotel San Diego - Mission Valley  
7450 Hazard Center Dr.

# CONFERENCE TRACKS

## PARENTING TRACK

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### **Positive Discipline Strategies for Building Respect at Home - *Becky Divinski***

Respect is something most parents wish there was more of in their relationships with their children. In this session, we will explore the concept of mutual respect as it applies to both parents and children. There will be experiential activities to help participants practice this concept.

### **Parenting in the Real World - *Brad Ainge***

Parenting is the most rewarding job in the world. It can also be the most challenging. That is why I embarked on a yearlong adventure of implementing one Positive Discipline tool per week.

### **Nurturing and Trusting Connection During the Teen Years - *Casey O’Roarty***

This interactive and engaging workshop will highlight the ways that parents can stay connected to their teens, even when things get hard. Experiential activities and dynamic group discussion will cover power, encouragement, and the influence of relationship.

### **Self-Soothing Child - *Noha Alshugairi***

Emotional regulation is a personal responsibility. This workshop focuses on how parents can teach their children to self-soothe. This skill is critical for children to be able to navigate the rapid life pace of the 21st Century.

### **Life with Teens: Social Stress, Video Games, and Parent Sanity - *Fernanda Lee with her teens as co-presenters***

We invite you to join a mom, son (16), and daughter (13) in this experiential workshop to learn about the social dynamics in the boy and girl’s world, the influence of video games, and how to thrive as a family using the Positive Discipline tools.

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# CONFERENCE TRACKS

## SCHOOL TRACK

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### **PD Lab School Implementation: Building our Beautiful Boundary Bubbles for Connection and Capacity Building (Clarifying Firm and Kind) - *Tammy Keces***

Participants will define their emotional boundaries and develop talking and listening boundaries. The purpose is to help them understand a process of thinking, feeling, and deciding to help build greater emotional safety and self-advocacy skills.

### **"If we teach today as we taught yesterday, we rob our children of tomorrow". ~ *John Dewey - Esmat Lamei and Fabienne Laboure***

During the session, we will present the practices we applied to implement Positive Discipline from year one until today and how these strategies have helped strengthen our learners.

### **Disrupting and Amplifying Brilliance - *LaTysa Flowers and Aisha Pope***

In this session, participants will use experiential activities to learn how beliefs, bias, and perceptions can be discouraging and affect our relationships with children and their families. Participants will use this awareness to move toward social equity and centering which amplifies dignity and allows for the brilliance that exists in all children to shine through. Attendees will explore how institutional racism contributes to the disproportionate rate of suspension and expulsion for children of color specifically black boys, also known as (BIPOC). Participants will examine practices that potentially create inequity and feelings of inferiority and anti-blackness amongst children such as shaming and othering. Attendees will practice ways of reframing behaviors that include the tools and strategies of Positive Discipline to support equity in behavior management to foster positive relationships to create an inclusive atmosphere of belonging and significance for all children.

### **Creating Cooperation in the Classroom - *Jody Malterre***

Teachers strive for cooperation in the classroom, but are often left with power struggles and challenging behaviors. Many teachers feel defeated and powerless. This workshop will explore some new strategies that will invite cooperation and replace misguided power with empowerment and encouragement.

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## **School Leaders Needed! Three Tools to Help You Transition from Manager To Leader - *Dina Emser***

In this session, school administrators, teachers, and support persons will explore why now is the time to transition from your role as manager to leader! We will examine our personal leadership styles and explore 3 tools to improve communication and build connections in our communities.

## **THIRD TRACK: ADDITIONAL OFFERINGS**

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### **Difficult Conversations and Empowering Feedback - *Dina Emser***

In this workshop, we will explore what holds us back from having the difficult conversations that we need to have. When we have the courage to do this, we also need feedback skills. Six steps and six tips will be offered to empower participants.

### **Empowering New Employees During Onboarding - *Yogi Patel***

When we have a plan that invites cohesion, contribution, step-by-step processes, listening skills, empathy, beliefs, and regulation, staff members can ease into their new workplace. We will use experiential activities to explore development and how Positive Discipline tools can support new staff members ease into the new workplace.

### **Bringing the Holism of Firm and Kind into All Relationships - *Deb Owen-Sohocki***

In this session, we will discover that by viewing the Positive Discipline tool/concept of Kind and Firm through a holistic lens, we can embody Kind and Firm in all our relationships including with ourselves. By exploring the barriers and builders to firm and kind, we can confidently understand and live it!

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## **Keeping the Joy in Relationships - *Mary Tamborski***

This workshop is for couples who wish to use the principles of Positive Discipline to improve their relationship and at the same time achieve a healthy and respectful environment for their children. It is also for psychologists, therapists, family and couples counselors who want to learn new tools and activities to apply to their private practice.

## **Perspective, Adaptation, and Struggle. Positive Discipline with Children with Special Needs - *Steven Foster***

This highly interactive session will examine three key issues in using Positive Discipline with children with special needs. And yes, Positive Discipline does work with these children.

*This program is co-sponsored by the North American Society of Adlerian Psychology (NASAP).*

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## ADDITIONAL INFORMATION

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In the event of cancellation, participants will be notified by email.

### SPECIAL NEEDS ACCOMMODATIONS:

If you have any special accommodation needs, please contact:

[info@positivediscipline.org](mailto:info@positivediscipline.org)

### CE CREDIT:



CE Credit available. Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723.

Programs that do not qualify for NBCC credit are clearly identified. Positive Discipline Association is solely responsible for all aspects of the programs.

### HOTEL RESERVATIONS:



Here is the unique web link to reserve online:

<https://book.passkey.com/event/50199918/owner/10710/home>

You can also book over the phone by calling (800) 222-TREE with our **Group Code PDA**.

Reservations may be cancelled with no penalty up to 48-hours before check-in. Within the 48-hour window, cancellations will be charged one night room and tax. If a guest does not check-in on their arrival date, a "no-show" fee of one night room and tax will be charged.

The reservation cut-off date is September 14th, 2021. Reservations received after this date will be accommodated on a rate and space availability basis only.