

Become a Certified **POSITIVE DISCIPLINE** Parent Educator

Dates
in Winter 2024
6 SESSIONS

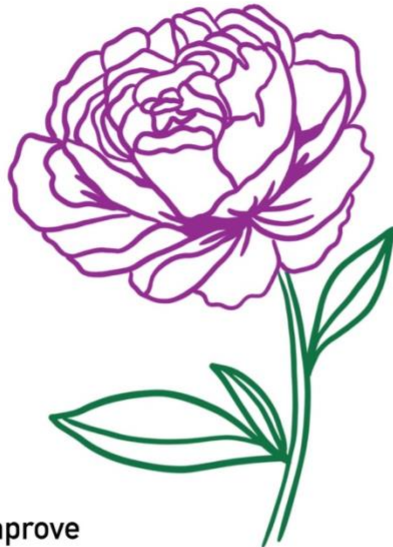
Jan. 18, 25 and
Feb. 1, 8, 15 & 22
9-11:30 a.m. PST
12-2:30 p.m. EST
6-8:30 p.m. CET
(Madrid)

Online Format:

Live online classes

Designed for:

- Parents
- Teachers
- Social Workers
- Therapists
- Counselors
- Anyone looking to improve their parenting skills



Facilitator:

Julie Iraninejad, M.Ed
Certified Positive Discipline Lead Trainer

Teaching Parenting the Positive Discipline Way

Developed by Lynn Lott and Jane Nelsen, *Teaching Parenting the Positive Discipline Way* is a research-based parent education program that provides a step-by-step approach to starting and leading experientially-based parenting groups. This program stands alone or offers significant enhancement to any program. It provides experiential activities that reach the heart to inspire deeper understanding and change.

Participants will:

1. Learn research-based effective parenting tools and techniques that are mutually respectful, create connection, empower children to feel capable, and encourage children's innate desire to contribute.
2. Deepen your understanding of the Adlerian approach to parenting.
3. Learn how to facilitate a parenting class from the position of a non-expert.
4. Gain practice with experiential exercises that help parents go beyond intellectual understanding and be able to respond in empowering ways that teach children.
5. Learn how to use materials and activities in group settings, parenting classes, and individual work with families.

