

TEACHING PARENTING THE POSITIVE DISCIPLINE WAY



This Adlerian-based program (developed by Lynn Lott and Jane Nelsen) provides a step-by-step approach to starting and leading experiential based parenting groups. This program stands alone or offers a significant enhancement to any program. It emphasizes experiential activities that reach the heart to inspire deeper understanding and change.

Participants in this workshop will:

- Learn research-based effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive).
- Learn how to facilitate a parent class from the position of a non-expert.
- Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children.
- Learn how to use materials and activities in group settings, parenting classes and individual work with families.

Dates: January 23, 25, 30, and February 1, 6, 8, 2024

Time: 9 -11:30am PST

Place: Online - Zoom (San Jose, CA.)

Cost: \$449: Early Registration received and paid by 12/23/2023. \$499: Regular registration

Registration includes: Teaching Parenting the Positive Discipline Way manual, Positive Discipline book and parenting tool cards. Upon successful completion of workshop, participants will receive recognition as a Certified Positive Discipline Parent Educator. Group discount: Four or more registering together take \$50 off each. Call the Positive Discipline Association(PDA) office(1-866-767-3472).

To Register: <http://positivediscipline.org> (Scroll down to “Our Certifications” and select “Teaching Parenting the Positive Discipline Way) - preferred - or call the PDA office (1-866-767-3472).

13 Continuing Education Credit Hours: The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6723. This workshop meets qualifications for *13 hrs. of Continuing Education credit for counselors and psychologists.*

Cancellation policy: Workshop Registrations: A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop. In the event of cancellation, participants will be notified by email.

Special needs/accommodations: If you have any special accommodation needs, please contact the facilitator (see below), in advance.

Facilitated by: Becky Divinski, Certified Positive Discipline Lead Trainer, becky@kindandfirmparenting.com, or 408-359-7257

