

# THE ART OF FACILITATING POSITIVE DISCIPLINE

## May 25-26 SINGAPORE

Time: 9:00 AM - 5:00 PM PST

Location: Les Oliviers School

### The Art of Facilitating Positive Discipline

(developed by Jane Nelsen and Nadine Gaudin) is an experiential workshop. You will go deeper into facilitation skills, grow as a person, and have fun! This workshop is meant for you to learn how you can raise awareness of your facilitation skills and model Positive Discipline even more. There are many new activities that you have never experienced!

Please Note: This workshop is for Certified Positive Discipline Educators and Trainers who have completed one of the Core Workshops. (Teaching Parenting the Positive Discipline Way (TP)\* Positive Discipline in the Classroom (PDC)\* Positive Discipline for Early Childhood Educators (ECE)

### Examples of Activities:

Enhance a Growth Mindset  
Foster Participation  
Hold a Secure Atmosphere  
Be Grounded  
Walk Your Talk  
Not Letting Participants Talk Too Much

### Learning Objectives:

- Modeling through leadership and facilitation skills to support total group participation and engagement, encouraging group cohesiveness.
- Understand how to use PD with your colleagues (for co-facilitation and cooperation as a group).
- Grow your self-encouragement and deepen your Adlerian understanding.

### Materials Included (PDF):

Art of Facilitation Positive Discipline Manual

### Facilitator:

Yogi Patel founded Heartfelt, a Positive Discipline and Montessori consultancy. Yogi is the founder of Kinderhouse Montessori Schools and Heartfelt. She is a certified Positive Discipline Trainer and a Master Trainer for Empowering People in the Workplace. She holds a certificate in yoga, a Primary Certificate in AMI Montessori education, and a degree in Early Childhood Administration. Fueled by her love, Yogi offers Positive Discipline seminars, one-on-one coaching, and certification training to leaders, teachers, parents, and children worldwide. She volunteers with the PDA board as an outreach and educational advisor to the Trunks and Leaves organization board. Yogi enjoys yoga, cooking, HIIT training, and gardening. Her passion is educating and nurturing children while advocating for youths worldwide to keep them safe from emotional, sexual, and physical abuse. She feels fulfilled when helping children gain a sense of belonging and significance.

If you would like more information, please email Yogi Patel at [yogi@yogipatelte.com](mailto:yogi@yogipatelte.com) or [connect@positivedisciplinesg.com](mailto:connect@positivedisciplinesg.com)  
+1619-356-1149

### Register at: [www.heartfeltparenting.org/Register](http://www.heartfeltparenting.org/Register)

SGD 399 \$290 Before 02 February 2024

SGD 499 \$369 After February 02, 2024

Group discount for four or more registering together (SGD 30 off each)

This program has been AMS CE approved



Cancellation/Refund Policy: Workshop Registrations: A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop. In the event of cancellation, participants will be notified by email.

Registration Link: [www.heartfeltparenting.org/register](http://www.heartfeltparenting.org/register)

For special needs, contact [yogi@yogipatelte.com](mailto:yogi@yogipatelte.com) or [connect@positivedisciplinesg.com](mailto:connect@positivedisciplinesg.com)